



NGO «Woman Health & Family Planning»

Annual Report 2014

About Foundation

“Woman Health & Family Planning” Charity Foundation / WHFP is a non-government organization consistently and actively working for 18 years in the field of reproductive health strengthening and protection of reproductive rights of Ukrainian people, effectively conducting preventive work, implementing public information campaigns, advocacy events, researches, as well as trainings for medical professionals.

Besides, WHFP is a member of International Planned Parenthood Federation / IPPF, European Breast Cancer Coalition / EUROPA DONNA, Central and Eastern European Women’s Network for Sexual and Reproductive Rights and Health / ASTRA.

Vision

Ukrainian society endorses equal rights and non-discrimination; every person is aware of their responsibility for own reproductive and sexual health, and every child is born wanted and healthy. Health care system is efficient, transparent and accountable, providing high-quality, safe and affordable SRHR services.

Mission

We work for protection of sexual and reproductive health and rights in Ukraine through education, information, advocacy and development of the networks of professionals, NGO leaders and volunteers.

Values

- Tolerance and recognizing diversity
- Social responsibility
- Professionalism and accountability
- Development and innovations
- Integrity and patriotism

Main Spheres of WHFP Activities:

- **Expertise & Strategic Development**
Independent Expertise & Strategic Development in RH/FP area
- **Trainings for Medical Professionals**
Education Programs for Medical Professionals (gynecologists, oncologists, radiologists)
- **Education programs on sexual education and healthy life style for:**
 - Youth / Adolescents,
 - Parents.
- **Public Awareness Campaigns on Cancer Prevention Among Women:**
 - Breast Cancer
 - Cervical Cancer
- **Rehabilitation Programs for Breast Cancer Survivors**
- **Organizing of Information and Fund Raising Campaigns Aimed at Purchasing of Modern Diagnostic Equipment for Cancer Early Screening**
- **Information & Consulting Services and Support of:**
 - All-Ukrainian Information Telephone Line on Reproductive Health & Family Planning 0-800-50-27-57
 - Information Line “Together against Breast Cancer” 0800 50 50 90
- **Promotion of Public Discussion on the Protection of Reproductive Health & Reproductive Rights Through Organizing Conferences, Round Tables, Forums, Expert Meetings, etc.**
- **Public Awareness & Information Campaigns on the Prevention of Reproductive Health & Rights of Patients and People With Disabilities**
- **Support of the networks of professionals, NGO leaders and volunteers in Ukraine**
- **Small Grant Programs.**

Foundation's Activity by the Projects in 2014

Strengthening Policy Environment and Civil Society Involvement in Family Planning or Reproductive Health in Ukraine Project (short title) / SPECSI in FP/RH

Under the support of the US Agency for International Development / USAID

Implementation Period: September 2013 – September 2016

3-years Project implemented by WHFP Charity Foundation in partnership with the Ministry of Health of Ukraine aimed to strengthen and sustain existing family planning and reproductive health sector (FP/RH) programs and increase the civil society competence and involvement in the FP/RH programs implementation in accordance with international standards.

To achieve the purpose, WHFP Foundation has been conducting activities in support of two main objectives:

Objective 1: Improve national policy environment so it is more favorable to FP/RH and gender-sensitive

In cooperation with the Ministry of Health of Ukraine join the efforts of leading Ukrainian specialist and experts of international organizations for in-depth analysis of the previous FP/RH programs and their respective results at the national and local level in Ukraine. To provide technical and expert support to the MOH for development of the gender-sensitive State Program "Reproductive Health of the Nation until 2016-2021."

Objective 2: Create an on-going country's forum to promote the importance of FP/RH in collaboration with other stakeholders.

Project supports the creation of the on-going country's forum to promote the importance of FP/RH in collaboration with leading Ukrainian experts, NGO representatives and other stakeholders interested to support not only medical, but education and preventive components of FP/RH. Forum should serve as a mentoring platform for various NGOs willing to support and promote FP/RH within their communities.

Project Achievements in 2014:

- Initiated, developed the methodology and conducted the independent assessment of the State Program Reproductive Health of the Nation 2006-2015 / SPRHN;
- Supported the creation of the National Coordination Council on FP/RH – formal national coordination body in the area of RH/FP/MCH.
- Formed official working group under the Ministry of Health of Ukraine to conduct assessment and further develop the Concept and the draft of the new SPRHN for 2017-2021. Working Group united leading RH/FP experts from key ministries, state medical education and research institutions, international organizations (WHO, UNFPA, UNICEF), donors, NGOs, etc.
- Produced and distributed six (6) issues of the "Reproductive Health Electronic Bulletin" aimed to improve coordination between major national, international and non-governmental stakeholders working in the area of FP/RH/MCH as well as to provide them with updated information on Project activity.
- Initiated and established the All-Ukrainian Reproductive Health and Family Planning Coalition, which united 39 NGOs from 20 Ukrainian regions working in the area of public health, youth and women issues and FP/RH promotion. Coalition activity is aimed at reproductive health prevention, protection of reproductive rights and ensuring of high-quality family planning services to each person in Ukraine.
- As an NGO Coalition leader, WHFP provided support and guidance for NGO Coalition members in the form of 3 networking and Coalition building events to develop Coalition strategy and operating plan; 2 methodological seminars on presentation of SPRHN assessment results, RH and rights, family planning and modern methods of contraception; and 2 mentorship workshops.
- Developed and initiated the 1-st round of Small Grant Program for NGO Coalition members.



Healthy Woman of Ukraine Program / HWUP - Joint Project of the Woman Health Family Planning Charity Foundation under the subcontract with JSI Research & Training Institute, Inc. (JSI)

Under the support of the US Agency for International Development / USAID

Implementation Period: October 2011 – July 2016

Key objective of the WHFP component within this 5-year project was to improve Foundation's management, technical and organizational development capacity necessary to compete for direct funding from other sources, as well as to strengthen WHFP ability to implement high quality FP/RH education and advocacy programs.

Project Objectives:

1. Strengthening of WHFP organization capacity.
2. Contribution to HWUP **Objective 1**: Enable women of reproductive age (WRA) and couples to make informed choices related to family planning and reproductive health
3. Contribution to HWUP **Objective 2**: Improve family planning service provider knowledge of modern FP methods and their clinical and counseling skills in order to address existing misinformation and fear of hormonal methods.
4. Contribution to HWUP **Objective 3**: Promote a national and regional policy environment conducive to family planning and reproductive health.

Project Achievements in 2014:

- Under HWUP Team guidance WHFP has strengthened its administrative, financial and program management, monitoring and evaluation systems which make it eligible for further direct USAID's support and attractive for other international donors. It was done through several comprehensive assessments of the organization, development of detailed capacity building plan, overall technical assistance and consultations. As a result, WHFP Team has developed several comprehensive documents (policies) in accordance with internationally acknowledged standards and regulating WHFP procedures in administrative, management and operational spheres.
- WHFP maintained and supported operations of All-Ukrainian Information Line on RH/FP to provide evidence-based and reliable information on FP to men and women of reproductive age, to track information needs of the target groups, to ensure the link between FP services providers and clients.
- WHFP supported 11 oblasts in developing their regional communication strategies and provided capacity building support to local NGOs that have a potential to work in FP/RH through conducting communication trainings in line with and in support of the implementation of HWUP communication strategy and BCC campaigns at local levels (annual campaigns in May – Family Planning Week, September – World Contraception Day).
- WHFP developed, tested, designed and produced 10 information, education and communication products addressing the needs of different target groups in RH and FP. Materials were widely distributed all over Ukraine among HWUP's grantees, the network of Youth Friendly Clinics, members of All Ukrainian Reproductive Health and Family Planning Coalition as well as among youth during numerous HWUP and WHFP public events.
- WHFP contributed and assisted in development of several RH/FP thematic publications produced by HWUP, i.p. Advocacy tool: The Package of Arguments for Family Planning. Publication contains evidence-based information and is used as a guide on improving access to high-quality family planning information and services. Publications produced by HWUP were widely distributed and used by NGO Coalition members to promote and advocate for the importance of FP/RH at the national and local level.



Comprehensive Care for Unwanted Pregnancy Project / CCUP Project

Under the support of Swiss Agency for Development & Cooperation

Implementation Period: August 2009 – October 2014

CCUP Project has been implemented in Ukraine since 2009 in partnership with the Ministry of Health of Ukraine/MOH, the World Health Organization/WHO, and the Woman Health & Family Planning Charity Foundation. Project was implemented in 2 phases: since 2009 – in Vinnytsia oblast, Donetsk oblast and Kyiv city; and since 2011 – in Odesa and Poltava oblasts.

Project aimed at reducing the rate of maternal mortality and morbidity, in particular that one connected with pregnancy termination and achieving in Ukraine by 2015 the 5th Goal of “The Millenium Development Goals”, i.e. improving maternal health.

The main project objectives were developed pursuant to the priority areas of the state policy of Ukraine for reproductive health provided by the State Program “Reproductive Health of the Nation” until the year 2015, in particular, reinforcing prevention of unwanted pregnancy and decreasing the number of abortions and post-abortion complications.

The project aims to:

- Improve the regulatory base according to the principles of evidence-based health care and WHO recommendations
- Improve the system of training of professionals who provide family planning services and medical aid during unwanted pregnancy
- Improve access to modern methods of contraception and health care during unwanted pregnancy
- Develop the system of registration, monitoring and quality control of health care services during unwanted pregnancy
- Inform target groups about family planning, modern methods of contraception to prevent unwanted pregnancy.

Main Project Achievements:

- The Clinical Protocol “Comprehensive Care for Unwanted Pregnancy” (MOH Order #1177 as of 31/12/2012) and the New MOH Order governing the aspects of health care for unwanted pregnancy (instead of former MOH Order #508 as of 20/06/2006) were developed, disseminated and its implementation commenced.
- Implementation strategy for comprehensive care for unwanted pregnancy on the national level was developed under Project support to extend the gained experience all over Ukraine and insure sustainable results.
- Professional development and training of medical workers in 5 pilot regions – 553 gynaecologists, midwives and nurses have completed 5-days CCUP training. We established the network of trainers - 26 doctors who passed TOT trainings and became an effective educational resource to disseminate the CCUP model on the national and regional levels.
- Project ensures a high level of professional training for medical professionals by means of the inclusion of CCUP into the curriculum of higher and post-graduate medical education institutions.
- Project supported the establishment of model clinics in the premises of medical facilities in 5 pilot regions. Model clinics provide not only quality and safe health care services for patients but also - basic facilities for doctor trainings.
- To increase awareness of the population of reproductive age in family planning, prevention of unplanned and unwanted pregnancy Project experts designed and disseminated 5 kinds of thematic brochures and handouts as well as developed the web-portal “What you should know about reproductive health” - www.reprohealth.info - covering the issues of reproductive health and rights, family planning, unwanted pregnancy prevention, and sexual education of teenagers and youth.



«Ensuring access to comprehensive information on SRHR to adolescents via proved and innovative outreach approaches application and advocacy on sexuality education in Ukraine» Project

Under the support of the of the International Planned Parenthood Federation / IPPF

Implementation Period: ongoing project since 2007

The project has been successfully implemented by WHFP since 2007 and aims to promote the fact that Ukrainian teenagers and young people should make informed choice about their lifestyles and avoid risky situations due to the possession of the knowledge and skills.

Project objectives:

1. To improve adolescents' knowledge on SRHR through peer education network scaling up and innovative outreach approaches application
2. To increase access to comprehensive information on SRHR and sexuality education for adolescents and their parents by strengthening cooperation with partner organizations in new Ukrainian regions previously not covered by the project
3. To implement advocacy strategy aimed at creating the favorable environment for the implementation of sexuality education programs in Ukraine in accordance with European standards
4. To raise youth involvement in planning, design and implementation for ensuring maximum project's relevance to the needs of Ukrainian adolescents

Project Achievements in 2014:

- Support and strengthening the potential of youth volunteers network via conducting thematic educational trainings, summer School of Volunteers, contest of ideas for regional events, etc.
- Education and awareness work with adolescents and youth through peer-to-peer trainings, social theater performances, thematic on-line activity, trainings in summer camps, support of the youth web-site www.sexualeducation.org.ua, developing and distribution of thematic brochures for youth, etc.
- Advocacy activity aimed to improve programs of sexual education in Ukraine as well as the need to include the component of sexual education and youth reproductive health prevention to the new State Program "Reproductive Health of the Nation" for the period 2017-2021.
- Sharing of Project experience and lessons through project partners and media (social); active cooperation with members of the All-Ukrainian Coalition of Reproductive Health & Family Planning created on WHFP initiative and support.



WHFP Activity in the Sphere of Breast Cancer Prevention & Early Diagnostic, Rehabilitation Programs for Breast Cancer Survivors

Under the support of Avon Ukraine and Mary Kay Co.

Since 1996 WHFP Charity Foundation has been actively and consistently conducting public awareness campaign aimed at prevention of oncological diseases among women, screening programs support and the creation of the national system of breast cancer early diagnostic. The main Foundation's partners in this area are «Mary Kay» and «AVON Ukraine» business companies.

Breast Cancer Prevention Program Achievements in 2014:

- **Conducting of training & education program for radiotherapists / radiologists – "4th School of Modern Mammography"**

Partnership project of WHFP Charity Foundation and AVON Ukraine is a part of social program "Together against breast cancer" being implemented in Ukraine since 2010. This training program was created by leading specialists of Leuven University (Belgium), Institute of Nuclear Medicine and X-ray diagnosis of the Academy of Medical Sciences of Ukraine, Kyiv City Clinical Cancer Center, and Kherson Regional Cancer Center.

In June 2014 the 4th School of Modern Mammography was held in Lviv in cooperation with Lviv city administration

and regional health department. 52 Ukrainian doctors – radiologists from 17 Ukrainian regions were trained according to European guidelines for quality assurance in mammography screening with theoretical part and practical skills development sessions.

- **Implementation of rehabilitation programs for breast cancer survivors**

Sanatorium-based rehabilitation program for breast cancer survivors is aimed at breast cancer recurrence prevention, securing stable remission, and improving of organism's adaptation reserves. In October 2014, 20 women became the participants of free rehabilitation program on the basis of Truskavets sanatorium.

- **Administering of "Together Against Breast Cancer" Information Telephone Line 0 800 50 50 90 under AVON Company support**

- **Conducting of School Health monthly meetings**

"School Health" meetings are organized for women - breast cancer survivors on a monthly base in the form of educational seminars conducted by doctors - mammologists, surgeons, nutritionists, immunologists, psychologists, chemotherapists, gynecologists, rehabilitation specialists, and other experts upon women request.

In 2014 nine (9) School Health meetings gathered 265 women - breast cancer survivors.



Income & Expenditure Statement - 2014

Income	UAH
Donors	6 654 719.00
Passive Income	11 909.00
Total Income:	6 666 628.00

Expenditures	UAH
Expenditures for Program Activities	5 312 065.00
Expenditures for Office Rent & Maintenance	1 283 369.00
Total Expenditures:	6 595 434.00

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