

ANNUAL REPORT 2016



CHARITY FOUNDATION
WOMAN HEALTH
& FAMILY PLANNING

About Foundation

“Woman Health & Family Planning” Charity Foundation / WHFP is a non-government organization consistently and actively working for 18 years in the field of reproductive health strengthening and protection of reproductive rights of Ukrainian people, effectively conducting preventive work, implementing public information campaigns, advocacy events, researches, as well as trainings for medical professionals.

Besides, WHFP is a member of International Planned Parenthood Federation / IPPF, European Breast Cancer Coalition / EUROPA DONNA, Central and Eastern European Women’s Network for Sexual and Reproductive Rights and Health / ASTRA.

Vision

Ukrainian society endorses equal rights and non-discrimination; every person is aware of their responsibility for own reproductive and sexual health, and every child is born wanted and healthy. Health care system is efficient, transparent and accountable, providing high-quality, safe and affordable SRHR services.

Mission

We work for protection of sexual and reproductive health and rights in Ukraine through education, information, advocacy and development of the networks of professionals, NGO leaders and volunteers.

Values

- Tolerance and recognizing diversity
- Social responsibility
- Professionalism and accountability
- Development and innovations
- Integrity and patriotism

Main Spheres of WHFP Activities:

- **Expertise & Strategic Development**
Independent Expertise & Strategic Development in RH/FP area
- **Trainings for Medical Professionals**
Education Programs for Medical Professionals (gynecologists, oncologists, radiologists)
- **Education programs on sexual education and healthy life style for:**
 - Youth / Adolescents,
 - Parents.
- **Public Awareness Campaigns on Cancer Prevention Among Women:**
 - Breast Cancer
 - Cervical Cancer
- **Rehabilitation Programs for Breast Cancer Survivors**
- **Organizing of Information and Fund Raising Campaigns Aimed at Purchasing of Modern Diagnostic Equipment for Cancer Early Screening**
- **Information & Consulting Services and Support of:**
 - All-Ukrainian Information Telephone Line on Reproductive Health & Family Planning 0-800-50-27-57
 - Information Line “Together against Breast Cancer” 0800 50 50 90
- **Promotion of Public Discussion on the Protection of Reproductive Health & Reproductive Rights Through Organizing Conferences, Round Tables, Forums, Expert Meetings, etc.**
- **Public Awareness & Information Campaigns on the Prevention of Reproductive Health & Rights of Patients and People With Disabilities**
- **Support of the networks of professionals, NGO leaders and volunteers in Ukraine**
- **Small Grant Programs.**

Compliance With International Standards

Accreditation with IPPF Standards

On May 8, 2016 WHFP was honored the Certificate of Accreditation for being in full compliance with the International Planned Parenthood Federation’s/IPPF 10 key principles, standards and responsibilities of membership and got the status of full and acting member of IPPF. By passing through the complex IPPF accreditation process, WHFP is officially acknowledged as open & democratic, well-governed, strategic & progressive, transparent & accountable, well-managed, financially healthy, possessing professional and skilled staff, committed to results and quality, and as a result – a leading NGO in Ukraine, working in the sphere of reproductive & sexual health & rights, and family planning.

Since 2007 and for about 10 years Woman Health & Family Planning Charity Foundation was official representative of IPPF in Ukraine as an Associate member.

Independent International Audit Within SPECSI Project Implementation

WHFP has successfully passed the close-out independent audit of the Fund Accountability Statements on the results of implementation of 3-years USAID-funded “Reproductive Health in Ukraine” Project. The audit was conducted by International Audit Company “Kreston GCG Audit, LLC”, representative of Kreston International in Ukraine. Official Audit Conclusion stated that WHFP system of financial management and all control systems operates fairly, in full compliance with generally & internationally accepted accounting principles and is strongly recommended for the implementation of international and national projects.

Foundation's Activity by the Projects in 2016



Strengthening Policy Environment and Civil Society Involvement in Family Planning or Reproductive Health in Ukraine Project (short title) / SPECSI in FP/RH

Under the support of the US Agency for International Development / USAID

Implementation Period: September 2013 – September 2016

In 2016 WHFP in partnership with the Ministry of Health of Ukraine continued effective implementation of the USAID Reproductive Health in Ukraine / SPECSI Project aimed to strengthen and sustain existing family planning and reproductive health sector (FP/RH) programs and increase the civil society competence and involvement in the FP/RH programs implementation in accordance with international standards.

WHFP Foundation has been conducting activities in support of two main Project objectives:

Objective 1: Improve national policy environment so it is more favorable to FP/RH and gender-sensitive

Objective 2: Create an on-going country's forum to promote the importance of FP/RH in collaboration with other stakeholders.

Project Achievements in 2016:

- Based on the results of the Assessment of «State Program Reproductive Health of the Nation for 2006-2015» SPECSI Project supported the development of the Concept Paper for the new State Program «Reproductive Health of Ukrainian Nation»/ SPRHN for the period of 2017-2021. The Concept Paper was developed by MOH Working Group formed under Project support in 2014 and represented by key national and international RH/FP experts - Ob/Gyns, neonatologists, pediatricians, oncologists, health care managers, managers of medical education institutions, NGO leaders.
- Concept Paper was presented at annual meeting of FP/RH/MCH Advisory Council, approved and fully supported by its members. Advisory Council recommended the Document for approval by the Ministry of Health of Ukraine and due to Project strong advocacy efforts MOH issued official Decision #1 as of 8/04/2016 to develop the draft Order of the Cabinet of Ministers of Ukraine "On Approval of the Concept of SPRHN for the period of 2017-2021.
- To speed up the approval of the Concept Paper Project organized numerous high level meetings, round tables and advocacy events. Thus, in October 2016 Project convened an open meeting of VR Health Committee on the "State Program on Reproductive Health (RH) of the Nation until 2015" implementation and MOH measures to protect RH of the population. The meeting adopted Resolution with recommendations to MOH to submit a draft Concept of the new SPRHN for the approval by the Cabinet of Ministers of Ukraine by December 1, 2016.
- Project in partnership with leading national medical experts and representatives of international organizations developed Draft of the State Program document based on the Concept Paper for the State Program «Reproductive and sexual health of Ukrainian population» 2017-2021 and the of the previous SPRHN Assessment results.
- Project provides further methodological, consulting and mentorship support and assistance to 40 NGOs from 20 Ukrainian regions – members of All-Ukrainian Reproductive Health and Family Planning Coalition (formed by SPECSI Project in 2014). Based on gained in 2106 knowledge and experience Coalition members initiated and conducted two large-scale public awareness campaigns within Family Planning Week (May, 2016) and World Contraception Day (September, 2016) in 26 cities of Ukraine including Kyiv.

"Non-communicable Diseases Among School Youth" education component of the World Health Organization Project "Non-communicable Diseases: Prevention & Health Strengthening in Ukraine"

Under the support of Swiss Agency for Development & Cooperation / SDC

Implementation Period: July 2015 – December 2017

The overall goal of the project:

life expectancy of Ukrainian population.

In 2016 WHFP Team continued effective implementation of the “NCD prevention among youth” educational component aimed at developing and implementation of the comprehensive and effective program health promotion at schools, tested in selected pilot schools of Lviv, Ivano-Frankivsk, Vinnytsia, Poltava, Dnipropetrovsk, Kharkiv oblasts and city of Kyiv.

The project aims to overcome the main risk factors making an impact on the high level of non-communicable diseases, i.e:

- unhealthy food/diet;
- lack of physical activity;
- use of alcohol, drugs and tobacco;
- risk behaviors at young age, to large extent causing injuries, wounds, poisoning, diseases of the digestive tract, communicable diseases;
- negative environmental factors;
- lack of awareness on reproductive health and family planning.

Project Achievements in 2016:

- Monitoring and evaluation tool (School Health Index Tool / SHI) for schools, including specific indicators to monitor the situation and progress of 21 pilot schools was developed by WHFP experts.
- To determine if educational institution meets the requirements defined School Health Index Tool and to develop the action plan for making its environment friendlier for students' and teachers' health baseline assessment was carried out in 22 pilot schools of Lviv, Ivano-Frankivsk, Vinnytsia, Dnipropetrovsk, Poltava, Kharkiv regions and Kyiv city. In total more than 450 persons took part in base-line assessment.
- Cumulative base-line assessment report was finalized and submitted to regional coordinators and WHO office Ukraine for review and later the Report was presented during the National round table held in Kyiv and widely distributed among Project partners both at the national and local levels (Ministry of Education and Science of Ukraine, Ministry of Health of Ukraine, Regional and local education and health authorities, Institutes of Post-Graduate Pedagogical Education in pilot oblasts as well as in Pilot Schools.
- School Improvement Plans to develop healthy model with a focus on NCD prevention were elaborated based on the results of the School Health Index survey results, schools team members' discussions as well as monitoring specialist's feedback.
- Pilot schools have presented their plans during the round of 2-days capacity building trainings organized by WHFP under WHO Project support in Kyiv, Poltava and Ivano-Frankivsk. Trainings gathered 114 school managers and teachers.
- Pilot schools have finalized School Improvement and resource mobilization plans to improve health environment with a focus on NCD prevention and included relevant actions into annual school work-plans for 2017-2018 school year.

II Phase: Response to acute humanitarian needs of the most vulnerable women and adolescent girls affected by armed conflict in eastern Ukraine. Bridging humanitarian interventions with response to lingering consequences of the crisis

Under the support of United Nations Population Fund / UNFPA

Implementation Period: September 2015 – December 2017 (II Phases)

Project Goal

The Project is aimed to improve capacity of primary health care providers to address emergency sexual and reproductive health needs of gender-based (domestic and sexual) violence survivors as well as of potentially vulnerable categories of the population.

Within set Project Objectives for the 2-nd Project Phase WHFP experts:

- **Developed educational modules and trained:**
 - 62 medical specialists - obstetricians, gynecologists, family doctors, dermatologists-venerologists and midwives of Donetsk and Luhansk oblasts by 4-days training program on STI/HIV prevention and diagnostic, referral and care of GBV survivors.
 - 96 medical specialists of the Youth Friendly Clinics of Donetsk, Luhansk and Dnipropetrovsk oblasts by 5-days training program on Youth Friendly SRH service delivery (GBV, STI/HIV prevention) among vulnerable youth based on youth friendly approach;
- **Set up 10 Emergency SRH Aid Units for vulnerable women and female adolescents girls affected by physical and sexual violence in Eastern Ukraine.**

Within the Project WHFP Charity Foundation **set up provided equipment and furniture** to 5 Emergency SRH Aid Units in conflict and close to them zones of Lugansk oblast (settlements of Popasna, Stanytsia Luganska, Starobels'k, Rubizhne, Bilovods'k) and 5 similar units – in Donetsk oblast (settlements of Kramatorsk, Pokrovs'k, Mariupol, Bakhmut and Volnovakha) for the total sum of 746 530,00 UAH.

It's a unique service where qualified medical staff trained by special training programs, provide free and anonymous medical and psychological assistance to GBV survivors. Before, women suffered from DBV could go to doctor only after passing through registration and personal identification, which in most cases caused women's rejection from medical assistance. According to UNFPA data, only 32 percent of DBV survivors seek for help; and only 1 percent of them call for medical assistance. More to say, victims of violence could not do it anonymously.

However, **Emergency SRH Aid Units set up by WHFP support** are operating on the base of existing medical facilities located in conflict and close to them zones. In such centers equipped by high medical standards with specially trained medical professionals, women can get necessary medical and psychological care and in case of necessity be referred to the appropriate social services. These Emergency SRH Aid Units provides services in the sphere of reproductive health, HIV/STIs prevention and treatment, prevention of unwanted pregnancy, and emergency care of DBV victims. Centers are operating round-the-clock, and provide free and anonymous care.

In **2017** WHFP experts will provide educational seminars and consultations for medical staff of 10 Emergency SRH Aid Units opened under the Project support in Lugansk and Donetsk oblasts. Seminars developed by WHFP experts will cover such vital issues of SRH Aid Units operations as effective management and planning, algorithms of Units' functioning with regards to urgent needs of vulnerable population groups in getting medical and psychological care, material, technical and information support of SRH Aid Units. Trainings will also cover important issues related to identification of obstacles for SRH Aid Units effective functioning and ways to overcome them.

Information kits supporting seminar program will be developed by WHFP experts and provided to each participant.

«Ensuring access to comprehensive information on SRHR to adolescents via proved and innovative outreach approaches application and advocacy on sexuality education in Ukraine» Project

Under the support of the of the International Planned Parenthood Federation / IPPF

Implementation Period: ongoing project since 2007

In 2016 WHFP continued effective and successful implementation of this ongoing project aimed to promote the fact that Ukrainian teenagers and young people should make informed choice about their lifestyles and avoid risky situations due to the possession of the knowledge and skills.

In 2016 WHFP conducted Project activities in accordance with set IPPF Project objectives and achieved the following results:

- Continued strengthening the potential of youth volunteers' network created earlier under IPPF Project support. In 2016 PE regional teams were very active and conducted a number of events planned and supported by the Project, as well as due to additional WHFP' and local partners' support and coordination. In general 59 mass events were organized in pilot regions, dedicated to International Free Hugs Day, Snt Valentines' day, All-Ukrainian Family Planning Week, Day of the City (in Kherson; Day of contraception, Day of Volunteers; 16 Days Against Gender Based Violence, World AIDS day etc.
- In 2016 about 12 000 adolescents and young people have been reached with appropriate SRHR information due to different WHFP activities, which peer educators initiated, organized or took active part in. In particular, 1301 adolescents have received information on SRHR within peer educators CSE sessions, 507 teens – within social theatre performances, and about 11000 teens were reached via mass informational street events, thematic events in educational institutions, flesh-mobs etc. In addition, due to collaboration with WHFP partners a number of SRHR informational materials were delivered to the youth audience in the pilot regions as well as nationwide.
- In 2016 WHFP continued supporting youth friendly web site www.teenslive.info. Web-site statistics showed that more than 21 000 unique visitors not only from Ukraine, but from Russia (29%), Romania (10%), Moldova (6%), Belarus (3,4%), and Kazakhstan (1,3%) searched for the thematic information on the web site in 2016.
- Youth team members of the Project under WHFP support prepared the draft of the statement "Youth Vision on SRHR". The document was announced and presented to participants of Youth Forum conducted by Project Team and later the Statement was updated and presented at MOH Working Group meeting, working on the Concept Paper of the new SPRHN development.
- Increased and improved networking between partner organizations working in SRHR sphere due to joint activities conducted with leadership and under coordination of WHFP Charity Foundation. In 2016 WHFP has signed memorandums with 5 new local NGOs from Odesa, Kirovograd, Kharkiv and Kherson regions, interested in cooperation with WHFP within youth' SRHR sphere.
- With the aim to raise youth involvement in planning, design and implementation for ensuring maximum project's relevance to the needs of Ukrainian adolescents, Project Youth Team members developed Strategic plan on Youth SRHR component which was included into updated WHFP Strategic Plan.
- In 2016 IPPF Project team continued to conduct advocacy activities aimed to improve programs of sexual education in Ukraine as well as the need to include the component of sexual education and youth reproductive health prevention to the new State Program "Reproductive Health of the Nation" for the period 2017-2021.

Healthy Woman of Ukraine Program / HWUP - Joint Project of the Woman Health Family Planning Charity Foundation under the subcontract with JSI Research & Training Institute, Inc. (JSI)

Under the support of the US Agency for International Development / USAID

Implementation Period: October 2011 – July 2016

In the last phase of Project implementation WHFP experts finalized successful implementation of its component within Healthy Woman of Ukraine 5-year project aimed to improve Foundation's management, technical and organizational development capacity, as well as to strengthen WHFP ability to implement high quality FP/RH education and advocacy programs.

Project Achievements in 2016:

- In April 2016 WHFP conducted closing session of strategic planning aimed to update implementing strategies for WHFP activities till 2017. WHFP set up the tasks and implementing strategies for WHFP to become a leading, highly effective and stable organization that constantly develops its organizational capacity. By Project end WHFP had put in place major administrative and financial procedures, required by USAID and became eligible for other international donors' assistance
- In 2016 WHFP continued supporting the operations of All-Ukrainian Information Line on RH/FP aimed to provide evidence-based and reliable information on FP to men and women of reproductive age. Analysis of IL functioning in 2016 showed stable positive dynamics and increasing in number of in-coming calls (more than 1990 calls in 2016 in contrary to 1500 in 2015) and scaling-up of call geography to all Ukrainian oblasts. After Project end WHFP continue maintaining the RH/FP Information telephone line operations under USAID SPECSI Project support.
- HWUP web-site www.planA.org.ua providing reliable information on FP was widely promoted in all WHFP publications during the Project life. WHFP contributed to this web-site content by preparing answers on telephone line clients' frequently asked questions on contraception and family planning. Information Line consultants provided written answers for questions received through the website www.planA.org.ua. After Project end WHFP will continue supporting the website.
- WHFP continued working on developing, testing, designing and production of additional information, education and communication products addressing the needs of different target groups in RH and FP, i.p. young people and their parents, men and women of reproductive age, military servants, etc. Materials are highly demanded and are were widely distributed all over Ukraine among HWUP's grantees, the network of Youth Friendly Clinics, members of All Ukrainian Reproductive Health and Family Planning Coalition as well as among youth during numerous HWUP and WHFP public events.

WHFP Activity in the Sphere of Breast Cancer Prevention & Early Diagnostic, Rehabilitation Programs for Breast Cancer Survivors

Under the support of Avon Cosmetics Ukraine and Mary Kay Co.

Since 1996 WHFP Charity Foundation has been actively and consistently conducting public awareness campaign aimed at prevention of oncological diseases among women, screening programs support and the creation of the national system of breast cancer early diagnostic. The main Foundation's partners in this area are «Mary Kay» and «AVON Ukraine» business companies.

Breast Cancer Prevention and Rehabilitation Programs Achievements in 2016:

- **Conducting of training & education program for radiologists – “6th School of Modern Mammography”**
Partnership project of WHFP Charity Foundation and AVON Ukraine is a part of social program “Together against breast cancer” being implemented in Ukraine since 2010. This training program was created by leading specialists of Leuven University (Belgium), Institute of Nuclear Medicine and X-ray diagnosis of the Academy of Medical Sciences of Ukraine, Kyiv City Clinical Cancer Center, and Kherson Regional Cancer Center.
In October 2016 the 6th School of Modern Mammography was traditionally held in Lviv in cooperation with Lviv City Administration and regional health department. 48 Ukrainian doctors–radiologists from 21 Ukrainian regions were trained according to European guidelines for quality assurance in mammography screening with theoretical part and practical skills development sessions.
- **Rehabilitation programs for women - breast cancer survivors**
In 2016 WHFP in partnership with Mary Kay Company continued providing assistance to woman – breast cancer survivors in the format of sanatorium-based rehabilitation program aimed at breast cancer recurrence prevention, securing stable remission, and improving of organism's adaptation reserves. In October 2016, 20 women from all over Ukraine became the participants of free rehabilitation program on the basis of Truskavets sanatorium, Lviv oblast.
- **Administering of “Together Against Breast Cancer” Information Telephone Line 0 800 50 50 90 under AVON Co. support**

- **Conducting of School Health monthly meetings**

“School Health” meetings are organized for women - breast cancer survivors on a monthly base in the form of educational seminars conducted by doctors - mamologists, surgeons, nutritionists, immunologists, psychologists, chemotherapists, gynecologists, rehabilitation specialists, and other experts upon women request. In 2016 340 women - breast cancer survivors attended nine “School Health” meetings.



Income & Expenditure Statement - 2016

Income		UAH
Donors		11 840 006.00
Passive Income		10 055.00
Total Income:		11 850 061.00
Expenditures		UAH
Expenditures for Program Activities		8 745 891.00
Expenditures for Office Rent & Maintenance		2 159 615.00
Total Expenditures:		10 905 506.00

For more information please contact Woman Health & Family Planning Charity Foundation:

9A, Tolstogo Str., Kyiv, 01004, Ukraine
Tel. 044 596 50 99
e-mail: info@rhr.org.ua
www.womanhealth.org.ua